What is claimed is:

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- 1. A method for facilitating the recycling of printed communications including the steps of:
 - a. distributing said printed communications to at least one recipient;
- b. providing, with each distributed copy of said printed communications, a
 mailing label;
 - c. addressing said mailing labels with a recycling facility address;
 - d. providing adequate postage on each of said mailing labels;
 - e. affixing said mailing label to said printed communication.
 - f. depositing said printed communications with an organization designated to deliver said printed communications;
 - g. transferring, by said organization designated to deliver said printed communications, said printed communications to said address of said recycling facility; and
 - h. recycling of said printed communications by said recycling facility.
 - 2. The method of claim 1, further including the step of selecting a recycling facility based on the geographic location of said recipient.
 - 3. The method of claim 1, wherein said step of affixing said mailing label to said printed communication is conducted prior to said step of distributing.
 - 4. The method of claim 1, wherein said step of affixing said mailing label to said printed communication is conducted subsequent to said step of distributing.

- 5. The method of claim 1, wherein said of affixing said mailing label to said printed communication is conducted before said step of distributing and further includes the step of covering said mailing label.
- 6. The method of claim 5, further including the step of uncovering said mailing label subsequent to said step of distributing.
- 7. The method of claim 1, further including the step of separating ink from the paper of said printed communications.
- 8. The method of claim 1, wherein said step of distributing said printed communications to said recipient includes the step of delivering said printed communications to the residence of said recipient.
- 9. The method of claim 1 wherein said step of distributing said printed communications to said recipient includes the step of delivering said printed communications to the business at which said recipient is employed.
- 10. The method of claims 1, wherein said step of distributing said printed communications to said recipient includes the step of said recipient obtaining said printed communications from an entity associated with the sale of said printed communications.